

POTENTIAL PLACENTA ACCRETA SPECTRUM (PAS) Criteria Requiring PAS Team Coordination of Care

Any of: Clinical Risk Factors¹ or Ultrasound Findings²

- Any placenta previa or low-lying placenta (with or without previous cesarean or uterine surgeries³) •
 - Prior uterine surgeries (e.g., myomectomy, multiple curettages, . Interruption of the uterine serosalendometrial ablation)4
- Placental lacunae +/- turbulent vascular flow
- Loss of the normal hypoechoic zone between placenta and myometrium
 - bladder interface
 - Thin retroplacental myometrial thickness (<1mm)
 - · Bridging vessels
 - Cesarean scar pregnancy

MFM Ultrasound Maternal-Fetal Medicine/PAS team Consultation* Transfer of Care to Level III-IV Maternal Center⁵

Obtain Multidisciplinary PAS Care Team* Delivery Coordination

Antenatal care and delivery

Evaluation of placentation:

Serial transabdominal/transvaginal ultrasounds q3-4 weeks Transvaginal ultrasound 3-4 weeks prior to planned delivery May consider MRI in select cases⁷ but not as initial evaluation

Prenatal care:

Complete PAS care checklist Counsel re: risk of maternal morbidity/mortality Optimize antenatal Hgb If previable and high suspicion for PAS, consider discussion of TOP6

Delivery planning:

BMZ course 48 hours prior to planned preterm delivery Identification of planned delivery location (main vs L&D OR) Delivery timing 34 0/7 – 37 0/7 weeks of gestation⁸ based on clinical picture

*Multidisciplinary PAS Care Team

Maternal-Fetal Medicine OB Anesthesiology GYN Oncology

L&D RN-OB **Transfusion Medicine** Neonatology

†Interventional Radiology †Urology [†]Trauma or General Surgery

References

- 1. Obstetric care consensus #7: Placenta accreta spectrum. Obstet Gynecol 2018;132(6):1519-1521.
 - Placenta accreta spectrum (PAS), formerly known as morbidly adherent placenta, refers to the range of pathologic adherence of the placenta, including placenta accreta, increta, and percreta.
 - The absence of ultrasound findings does <u>not</u> preclude a diagnosis of PAS. Clinical risk factors remain equally as important as predictors of PAS by ultrasound findings.
- Reddy UM, Abuhamad AZ, Levine D, Saade GR. Fetal imaging: Executive Summary of a Joint Eunice Kennedy Shriver National Institute of Child Health and Human Development, Society for Maternal-Fetal Medicine, American Institute of Ultrasound in Medicine, American College of Obstetricians and Gynecologists, American College of Radiology, Society for Pediatric Radiology, and Society of Radiologists in Ultrasound Fetal Imaging Workshop. J Ultrasound Med 2014;33:745-757.
 - Obstetric ultrasound in the second or third trimester is the mainstay of antenatal diagnosis of PAS. Sensitivity and specificity of ultrasound for diagnosis of PAS is ~80-90%, with a PPV of ~65% and a NPV of ~98%.
- Silver RM, Landon MB, Rouse DJ, Leveno KJ, Spong CY, Thom EA, et al. for the NICHD Maternal-Fetal Medicine Units Network. Maternal morbidity associated with multiple cesarean deliveries. Obstet Gynecol 2006;107(6):1226-1232.
 - In this study, placenta accreta was present in 15 (0.24%), 49 (0.31%), 36 (0.57%), 31 (2.13%), 6 (2.33%), and 6 (6.74%) women undergoing their first, second, third, fourth, fifth, and sixth or more cesarean deliveries, respectively.
 - In women with placenta previa, the risk for placenta accreta was 3%, 11%, 40%, 61%, and 67% for first (primary cesarean), second, third, fourth, and fifth or more repeat cesarean deliveries, respectively.
- 4. Baldwin HJ, Patterson JA, Nippita TA, Torvaldsen S, Ibiebele I, Simpson JM, Ford JB. Antecedents of abnormally invasive placenta in primiparous women: Risk associated with gynecologic procedures. *Obstet Gynecol* 2018;131(2):227-233.
 - In this population-based study, women with a history of prior invasive gynecologic procedures were more likely to develop PAS, and the risk increased with increasing number of prior procedures.
- Shamshirsaz AA, Fox KA, Salmanian B, Diaz-Arrastia CR, Lee W, Baker BW, et al. Maternal morbidity in patients with morbidly adherent placenta treated with and without a standardized multidisciplinary approach. *Am J Obstet Gynecol* 2015;212:218.e1–9.
 - Maternal outcomes in cases of suspected PAS are optimized when delivery occurs at a level III/IV
 maternal care facility before the onset of labor or bleeding and with avoidance of placental disruption.
- 6. Second-trimester abortion. Practice Bulletin No. 135. American College of Obstetricians and Gynecologists. *Obstet Gynecol* 2013;121:1394–406.
 - Consider discussion of pregnancy termination in cases of PAS with high index of suspicion given the significant risk of maternal morbidity and mortality, although there are currently no data to support the magnitude of risk reduction, if any.
- 7. Einerson BD, Rodriguez CE, Kennedy AM, Woodward PJ, Donnelly MA, Silver RM. Magnetic resonance imaging is often misleading when used as an adjunct to ultrasound in the management of placenta accreta spectrum disorders. *Am J Obstet Gynecol* 2018;218:618.e1–7.
 - It is unclear whether MRI improves diagnosis of PAS beyond what is achieved by ultrasound alone. In this study of 78 women with suspected PAS, MRI confirmed an incorrect diagnosis or incorrectly changed a diagnosis based on ultrasound in 38% of cases.
- 8. Robinson BK, Grobman WA. Effectiveness of timing strategies for delivery of individuals with placenta previa and accreta. *Obstet Gynecol* 2010;116:835–42.
 - This decision analysis suggested that delivery at 34 weeks of gestation is optimal given the ability of
 most large centers to handle late preterm infant complications while considering the increased risk of
 maternal catastrophic bleeding after 36 weeks.
 - SMFM recommends planned delivery no later than 35 6/7 weeks of gestation, or earlier as clinically indicated in the setting of persistent bleeding or other complications.



UNC Pre-Delivery Guideline for Potential Placenta Accreta Spectrum (PAS)

OB/MFM attending identifies patient with ANY suspected PAS1 (based on US findings or clinical risk factors or both) Add ultrasound findings/risk factors to Epic problem list (ICD10 O43.219) · Notify senior MFM fellows (Epic inbasket) Intrapartum Antepartum ☐ Review Antepartum/Admission ☐ Case added to Epic PAS list checklist (hard copy + EMR), ■ Maternal-Fetal Medicine consultation document completion with member of the PAS care team² at □ PAS team members notified of 28-32 weeks GA admission □ PAS Preop Planning Checklist² □ Review Pre-Surgical Planning smartphrase added to Epic problem checklist with Multidisciplinary PAS list by 32 weeks GA or completed Care Team within 24 hours of antepartum ☐ Type and cross x 4U pRBC, 2 largeadmission bore IV's ■ Multidisciplinary PAS Care Team ■ Potential PAS TIMEOUT checklist meeting, review Pre-Surgical Planning ■ MFM PAS team member checklist no later than 32 weeks GA present on L&D before ☐ Post case to L&D OR (if no percreta patient is taken to OR and suspected) or Main/Hybrid OR (if case starts4 percreta suspected – planned Gyn ☐ GYN Onc available on Onc assistance) stand-by for intra-op □ Case reviewed by MFM PAS consult team member prior to posting to OR ☐ Consider admission at 33-34 weeks of gestation or 48 hours prior to scheduled surgery date³ in select **Postpartum** cases for care coordination ☐ Recovery in SICU or L&D as clinically ☐ Goal delivery no later than 35w6d if indicated high concern for PAS or if

Multidisciplinary PAS Care Team

Maternal-Fetal Medicine OB Anesthesiology **GYN Oncology**

L&D RN-OB (CN-III/IV) **Transfusion Medicine** Neonatology

†Interventional Radiology ⁴Urology †Trauma or General Surgery

☐ Consider VTE chemoprophylaxis on

OB Anesthesia)

POD1 if clinically stable (discuss with

bleeding/other complications; up to

37w0d if placenta previa without prior

cesarean and no antepartum bleeding

¹Reference external PAS MomBaby guideline for ultrasound findings and clinical risk factors

²PAS preop planning Epic smartphrase: .MFMPASPREOP

³As clinically indicated for select high-risk cases

⁴Unless emergent case where PAS team member or representative has been contacted and is in transit to OR AVG/BG/KS Version 12.9.20



POTENTIAL PLACENTA ACCRETA SPECTRUM (PAS) Antepartum/Admission Checklist*

PAS preop planning Epic smartphrase: .MFMPASPREOP Multidisciplinary PAS care team meeting 1-2 weeks prior to scheduled case or upon admission to Antepartum service □ Admission gestational age: _____ □ Planned delivery gestational age/date: □ EDD (Confirmed): □ Preoperative consent(s) signed on (date): _____ Example: "Cesarean hysterectomy, possible bilateral salpingectomy, cystoscopy, other procedures as clinically indicated" □ Desire for permanent sterilization (If Hysterectomy Not Performed): Yes No □ If Yes, BTL consent signed on (date) _____ □ Consents to transfusion of blood products: □ Yes □ No □ Contraindication(s) to uterotonics: □ Fetal concerns: □ Antenatal corticosteroids given: □ Yes □ No Date: Maternal comorbidities: □ Planned location of surgery: □ Main OR (□ Hybrid/IR capability?) □ L&D □ OB Anesthesia consultation – intended type of anesthesia documented ☐ Transfusion medicine/Blood bank aware □ Perfusionist (cell saver) notified ☐ GYN Oncology curbside vs formal consultation (as clinically indicated) Interventional Radiology consultation and planned stents day of surgery (as clinically indicated)

^{*}Modified from the "SMFM preoperative planning form for suspected morbidly adherent placenta" - available online. †Day of surgery

Placenta Accreta Spectrum Checklist: UNC Placenta Accreta Team



One or more PAS risk factor present: third trimester placenta previa or LLP, prior uterine surgery, abnormal placenta US appearance

On or before 32 weeks EGA or antepartum admission or at time of posting for delivery

Delivery; immediately prior to patient entering OR

Targeted placental ultrasound completed (see	PA	AS delivery team identified?	☐ PAS delivery team/representative
US Best Practices Guidelines)?		ostetrician:	present?
□Yes		FM Fellow:	On call members aware (GYN ONC/IR)?
□No	OE	3 anesthesia:	OR checklist completed and present?
		imary RN:	☐ Baseline labs resulted (CBC, fibrinogen)
US markers of PAS?		YN ONC:	
□Loss of echolucent line		ology (if indicated):	Abdominal incision:
Lacunae present		(if indicated):	□ Vertical
Discontinuous 'bladder line'		uscular Surgery (if indicated):	□ Low transverse
☐ Increased color Doppler vascularity		3 7 ()	
☐Bridging vessels	Lo	cation of delivery	□ Low Lithotomy position/Allen leg rests
□None		L&D	, i
		Main OR	IV access:
PAS suspected - risk greater than baseline			☐ Two peripheral 18 g
previa (> 1%)?	Te	am meeting completed/scheduled?	☐ Arterial line
□Yes		Yes	□ Central access
□No] No	
			OR equipment in room?
PAS team consult arranged? Senior UNC	PA	AS surgical checklist completed?	☐ Hysterectomy tray/Ligasure
MFM Fellow contacted to coordinate care?] Yes	Cystoscopy
□Yes] No	□ Bookwalter retractor
□No			Vascular catheter (as indicated)
	Ca	ase scheduled?	
Reviewed imaging with referring provider as		Yes	Crossmatched blood products in
indicated?] No	room/transfusion medicine aware:
□Yes			□ PRBC
□No		R equipment availability arranged?	□ FFP
] Yes	☐ Cryo
Initiated iron therapy/prevention of anemia?] No	
□Yes			 Lab set bundles and orders/labels
□No		Corticosteroids given?	prepared?
		Cell saver arranged?	Contraindication to uterotonics?
Serial US follow up scheduled?		POC testing arranged?	□ No
□Yes			☐ Yes (describe):
□No			- B : : : : : : : : : : : : : : : : : :
			Preincision antibiotics present?



POTENTIAL PLACENTA ACCRETA SPECTRUM (PAS) TIMEOUT Checklist*

□ Patient's full name	
□ Medical record number	
□ Planned surgical case	
□ Surgical consent signed	
□ Permanent sterilization consent signed/date (if applicable)	
□ Gestational age	
□ Preop H/H and platelet count	
□ Maternal heart rate	
□ Last fetal heart rate	
□ Blood products in the OR	
□ Rapid infusion device available/primed and ready in OR	
$\hfill\Box$ Type of anesthesia (epidural vs CSE vs epidural with plan for transition to GETA	١)
□ Blood bank notified of procedure	
□ Type of IV access (at least 2 large-bore IV's, A-line per OB Anesthesia)	
□ NCCC present	
□ Betamethasone course administered	
□ Bookwalter, hysterectomy/Gyn Onc "major" tray, Ligasure in the OR (opened)	
□ GYN Oncology on stand-by (vs present for suspected percreta cases)	
□ Ultrasound machine on and available in OR (at surgeon discretion)	
□ Foley catheter in	
□ SCDs on and pump activated	
□ Lithotomy	
□ Chlorhexidine skin prep dry	
□ Prophylactic antibiotics given	
□ Uterotonics and antifibrinolytic (TXA) readily available	
□ ICU aware	
□ Team introductions	
□ Team concerns	